

CRANE Cams® Performance Camshaft



As used by James Courtney's Championship leading Ford

Powering Australia's **TOUGHEST FORD V8s** for over 30 years!

Since the early '70s when the Ford Muscle cars were King, Crane Cams have developed numerous race winning Camshafts for the Ford V8 engines, from Bathurst winning cams run by Dick Johnson, to Drag racing, and tough street.

Ford owners can now take advantage of Crane's Quick Lift Technology in the Z Cams series of cams, as well as Crane's tried and proven designs like the F246 cam for the 351c, the best camshaft in almost any application for this engine. Now the F238 and F256 for the 351c are available at lower pricing!

The Cams listed below are just a small part of Crane's grinds for Ford engines. We also keep Cams and Valve Train Components for Ford 460 and Ford FE engines on the shelf. We Custom order Cams weekly from Crane's library of over 30,000 grinds. Cam recommendations can be filled out on www.cranecams.com.au

Part No	Grind	Duration @.050"			Lobe		Valve Lift 1.6		RPM Range	Type
		Inlet	Exhaust	Separation	Inlet	Exhaust				
289-302 WINDSOR										
363501	Z256	206	212	112	461	475	1200-5000	HYD		
363941	H272	216	228	112	484	512	1800-5400	HYD		
363511	Z268	218	224	112	490	504	1800-5600	HYD		
363801	H278	222	234	114	498	527	2200-5800	HYD		
363521	Z274	224	230	110	504	518	2200-6000	HYD		
364381	H288	226	226	108	488	488	2400-6000	HYD		
364551	H286	226	236	110	502	520	2600-6200	HYD		
364561	H296	236	240	110	520	526	3200-6800	SOLID		
363841	F278	238	248	114	512	533	2800-6600	SOLID		
364681	F280	244	252	108	553	572	3200-7000	SOLID		
361421	F260	260	260	106	591	591	4400-7800	SLD RLR		
368801	R252	252	258	108	672	672	3600-7400	SLD RLR		
368811	R258	258	262	108	672	672	3800-7600	SLD RLR		
351 WINDSOR										
444232	2030	206	214	114	448	464	1400-5200	HYD		
443941	H272	216	228	112	484	512	1800-5400	HYD		
443511	Z268	218	224	112	490	504	1800-5600	HYD		
444551	H286	226	236	112	502	520	2800-6600	HYD		
440161	H234	234	238	110	527	536	3200-6800	HYD		
449561	HR232	232	240	112	563	584	2600-6600	HYD RLR		
449571	HR244	244	256	112	595	595	3200-7000	HYD RLR		
441161	F238	238	238	108	512	512	2800-6600	SOLID		
441231	F248	248	258	108	533	555	3400-7200	SOLID		
441431	F260	260	264	106	591	601	4200-7600	SOLID		
448601	SR246	246	254	110	579	598	3400-7200	SLD RLR		
448821	R254	254	258	108	672	672	3800-7600	SLD RLR		
448861	R258	258	262	110	672	672	4000-7800	SLD RLR		
448851	R268	268	272	108	672	672	4800-8200	SLD RLR		

Part No	Grind	Duration @.050"			Lobe		Valve Lift 1.6		RPM Range	Type
		Inlet	Exhaust	Separation	Inlet	Exhaust				
5.0L WINDSOR										
444211	2020	208	216	112	530	530	1000-5000	HYD RLR		
444225	2031	214	220	112	513 (1.7)	529 (1.7)	1400-5400	HYD RLR		
444221	2030	216	220	112	533	544	1400-5400	HYD RLR		
444231	2040	220	220	110	498	498	1800-5800	HYD RLR		
449601	HR224	224	232	112	542	563	2400-6400	HYD RLR		
449761	HR232	232	244	112	563	595	2800-6800	HYD RLR		
449811	HR236	236	244	114	574	595	3000-7000	HYD RLR		
449581	HR244	244	256	110	595	595	3400-7000	HYD RLR		
302-351 CLEVELAND										
520581	H192	192	204	114	461	493	1000-1400	HYD		
523901	H260	204	214	112	493	502	1200-4800	HYD		
523921	H266	210	218	112	508	510	1500-5000	HYD		
523941	H272	216	228	112	524	519	1800-5400	HYD		
523801	H278	222	234	114	539	534	2200-5800	HYD		
524421	H288	226	230	110	528	536	2400-6200	HYD		
524551	H292	230	234	114	536	545	2800-6600	HYD		
529541	HR216	216	224	112	562	586	1600-5600	HYD RLR		
529551	HR224	224	232	112	586	609	2000-6000	HYD RLR		
529801	HR228	228	232	112	597	609	2500-6500	HYD RLR		
529811	HR236	236	240	112	621	631	3000-7000	HYD RLR		
521141	F238	238	248	108	554	577	2800-6600	SOLID		
521211	F246	246	256	108	570	590	3200-7000	SOLID		
521321	F256	256	266	110	629	610	4000-7500	SOLID		
521421	F260	260	260	106	639	639	4200-7600	SOLID		
528511	SR238	238	246	112	606	626	2800-6800	SLD RLR		
528371	R246	246	256	108	560	585	3200-7200	SLD RLR		
528801	R252	252	262	108	727	727	3600-7600	SLD RLR		
528811	R262	262	272	108	727	727	4000-8000	SLD RLR		